PATIENT FACTSHEET



Ultrasound Guided Injection

Ultrasound Imaging has been in use in the medical field for over 30 years.

Vast improvements have been seen in this time especially in the field of musculoskeletal imaging. Ultrasound imaging is very good in guiding needles to accurately deliver injections for treatment.

Preparation

There is usually no preparation for an ultrasound guided injection. Our reception staff will let you know of any instructions at the time you make your appointment.

Please do bring any previous imaging and reports you may have.

Procedure

An Ultrasound Guided Injection is a very easy procedure. You will first meet our nurse or sonographer who will explain the procedure to you and how to manage the next 24 hours.

The injection will be performed by a Radiologist. Using an ultrasound machine, the Radiologist can guide a small needle to the point of injection. The ultrasound allows for accurate localization of the needle and to avoid important structures like blood vessels.

Most patients report immediate relief after their injections. Our nursing and sonographer teams will make sure you are all set to leave after the procedure.

Most procedures are performed within a 30 minute appointment.

Remember

Please bring a list of any medications you are on and any previous imaging or reports.

